



TO HIM WHO IS ABLE

Daily Holy Habits + Radical Shifts to Rediscover God
after Disappointment, Disillusionment, and Despair

————— Jen J Kelly —————

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Spiritual Attunement?

I've always thought it was interesting how we associate the color "blue" with feelings of melancholy or sadness. One could argue the color blue is not sad per se, but rather calming and pretty like the ocean. On some of my favorite spring days, "blue" feels like happiness personified. Like the sky above that is so airy, familiar, and peaceful. Blue feels peaceful and trustworthy and full of energy.

Except when it doesn't.

The expression of "blue" in regard to my countenance can represent both peace and sadness. As a matter of expression, blue holds duality. The same exquisite feeling of joy I feel in the tenderness of soft blues that are associated with still water and peacefulness can easily turn into an emotional storm of deep blue sadness: hardship, longing, loss, and heartbreak. Blue like jazz.

And I think my innermost experience of God is like this. Blue dual in my nature. Light and peaceful. Cold and lonely. Because the context of my life that determines my emotions and feelings matters enormously.

Have you ever experienced times when you wanted to set everything on fire? Moments when anyone or anything could trigger your temper into a stage 4 hurricane? Or maybe you're not angry but feeling inexplicably sad? A dark cloud of loss or disappointment hangs over you. Grief holds you like a weighted blanket. Or maybe you can't remember the last time you felt peace or contentment. A smile seems elusive. Disappointment takes hold, and over time, you start to notice a deep hopelessness settling in. So, you start watching Court TV. And this, my friend, only helps momentarily.

Discouragement, gloom, and sadness are the shades of blue you dwell in. The grip of despondency is relentless, gradually turning any spark of encouragement or motivation into spirals of shame.

Staying in bed until noon, endlessly scrolling through social media, or eating ice cream straight from the carton feels essential and necessary. The clear blue sky of the day pisses you off. Amid the noise, dissatisfaction, and chaos of life, there's a troubling realization that what you need most right now seems completely unattainable. God? Ha! God feels like an alien on a distant planet whose existence you're uncertain of. Praying, connecting, or engaging in anything spiritual seems not only impossible but also internally impractical.

In fact, trying to find any fulfilling peace with God (and yourself) feels embarrassing. Maybe tomorrow? Do you remember the longing and passion you once had for wanting more of God in your life? **Will you ever feel that way again?**

Does your faith feel like you're just swapping punctuation marks at the end of the same sentence? Once, the truth of God's love for you was filled with excitement and certainty, period. Now, it feels more like a question. Or even worse, an unfinished thought. When did trusting God become so confusing, overwhelming, and burdensome?

Thankfully, a lot of people have experienced these exact thoughts and feelings, my friends. I know I have. When the landscape of your faith seems to have lost its true north, and your compass is broken, it's easy to become frustrated, discouraged, and distracted, leaving you feeling very distant from God.



Holy Space

To Him Who Is Able is a space
in-between **two truths**.

Honesty about what you are
experiencing now and freedom to
heal and grow. A chance for you to
surrender, respond, and allow
God to move.

But what if you are exactly where you need to be? Maybe you're not as lost as you might think. Even though you're feeling blue or miserable or lost or sad, God is present. Maybe you don't need a spiritual jumpstart, just a re-communion of you (exactly as you are) and God. Small practices exchanged with the truth of your countenance and the hope of a Good God.

Over the next 12 weeks (84 days), we have the chance to embark on a completely different kind of journey. To attune to a more unified, present relationship with God and help notice and pay attention to any form of dissociation you have experienced. In Dr. Bessel Van Der Kolk's book, *The Body Keeps The Score*, he describes dissociation as, "manifested in feeling lost, overwhelmed, abandoned, and disconnected from the world and in seeing oneself as unloved, empty, helpless, trapped, and weighed down ... Dissociation means simultaneously knowing and not knowing." It's a both/and kind of thing ... like the expressive duality of the color blue.

I believe we can experience dissociation with God. We "know" in our minds that we are loved by God, but we don't "know" it in our lived experience. So, let's reconnect with what it means to be in sync with Jesus in a safe, rhythmic way. Information alone won't suffice; we need daily, practical experiences with the lover of our souls.



You shall be holy ...

The good news is that God longs to fulfill, empower, and guide you to victory through the sanctifying work of His Spirit.

No matter how disillusioned you might feel about God and life, I understand. It wasn't too long ago that I found myself facing my own ominous and neglectful relationship with God. I was simply at the end of my rope. My life felt flat, meaningless, and weighted down by confusion and shame.

After a few multi-state transitions coupled with personal and professional setbacks, I discovered my relationship with God had seemed to dwindle down to a stale and suffocating predicament. How could I let this happen?

When did my relationship with God get so out of whack?

Me!? A wife, a mom, and a *pastor*. When did I become a shell of the woman I once knew? I was the one who knew better. Frail and completely lost, I held on to one glimmer of hope: *God was there*.

I didn't need another intense study or stereotypical God quote posted on Instagram. I wanted present real-time results. Why wasn't the power of God that I believed in working? Where was the peace Jesus promised?

I longed to marvel at God's grace again. And not in a church with a platform but in the personal space of my everyday life.

*Little did I know it was **holiness** God was calling me to ...
Just reimagined.*



Exhausted and undone, I put a call into my therapist. Slowly, we started to work together and figure out how to love my messy self and find peace with God once again. A safe space to experiment with spiritual practices designed to usher in healing and experience closeness with God once again. I knew I needed my faith to be something more tangible for my need. More present in my duality. Not more head-filled knowledge, but daily experiments of faith.

What does it actually look like to experience more God in your life?



Romans 6:19

"I'm using this freedom language because it's easy to picture. You can readily recall, can't you, how at one time the more you did just what you felt like doing—not caring about others, not caring about God—the worse your life became and the less freedom you had? And how much different is it now as you live in God's freedom, your lives **healed and expansive in holiness?**" (The Message)

When I started showing up and letting God in again, I realized that a spiritual attunement meant an honest examination. A mix of unresolved issues from my past, persistent self-reliant tendencies, and a big dash of anxious-avoidant strategies came to a head. In fact, what was once needed for survival in my past was now literally, killing me. God was showing me areas I needed to release, heal, and grow from.

Truth was, I held an unabashed need to please people and perform. Addicted to stress and work, I was go-go-go. And at the end of the day? I raced home to binge and try and numb that ever-present sense of doom and failure that haunted my soul. And I had been doing it for a long time.

Here's the thing, I still believed Jesus to be true and good and holy. But, I had a shadow side to my faith that needed a reckoning.

Slowly, I started to attend to my faith in a way that served me and glorified God. I resigned from my pastoral position and gave space to allow God to prove himself trustworthy and true all over again.

There were practices I needed to incorporate and some behaviors that I needed to ditch, but what I was really looking for was true, life-giving, peaceful faith that indwelled in my present circumstances daily. The kind of life Jesus explained was available to the woman at the well. I wanted a whole, vibrant, abundant life in Christ.

After a ton of frustration, tear-soaked prayers, and a lot of Jesus-and-me walks, I learned that I needed some different language around discipleship. **I realize this one sentence may freak some of you out.* What I mean is no more white-knuckling my way through.

I needed to stop defining discipleship and holiness as a checklist, or some weird, rigid rules of compliance. I needed a safe space to experience more God in my life.

Yes, the faith I had in God from the beginning was real and true and good, but God was taking me to new, deeper, uncharted waters of faith. I started implementing more authentic and helpful spaces to practice acceptance and surrender. This is where I adopted Holy Initiatives and Radical Shifts (you'll read more about those later). I tore down any legalistic tendencies and built a creative spiritual plan that helped focus my attention lovingly on God and myself.

And you know what kept coming up over and over?

You shall be holy.



Does it Work?

Thanks be to God that He is kind and gracious enough to meet you and me where we are but not leave us the way we've been. Holiness isn't linear, it's relational ... that's why it expands. Also, God doesn't call us to "do holy", He instructs us to "be holy".

The experimental journey you are about to partake in requires honesty and action. Over time, trust is built.

2 Thessalonians chapter 1 reminds us that there is majesty in the power of God. And that when Christ returns to be glorified, it will be done through His *holy* people. Did you catch that, my friend? Through people like you and me *that believe! But it will require our attention and belief that God is who He says He is.*

I am praying the verses from 1 Peter 1:15-16; that God shapes your life, my friend ... ablaze with holiness that only comes from Him.

1 Peter 1:13-16

"So roll up your sleeves, get your head in the game, be totally ready to receive the gift that's coming when Jesus arrives. Don't lazily slip back into those old grooves of evil, doing just what you feel like doing. You didn't know any better then; you do now. As obedient children, let yourselves be pulled into a way of life shaped by God's life, a life energetic and blazing with holiness. God said, "I am holy; you be holy." (The Message)



“In this devotional you will find a customizable, safe space where you can practice spiritual disciplines all to help you experiment and find a path to **holiness reimagined.**”

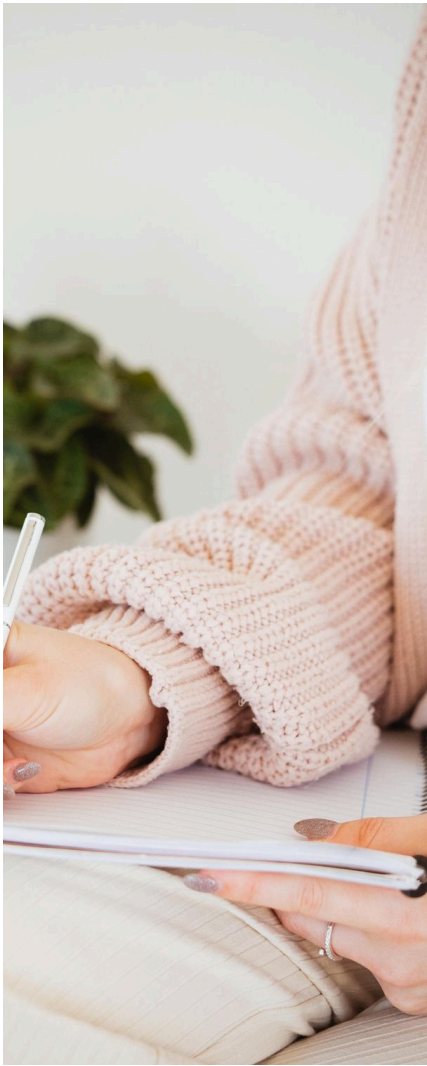
The Experimental Guide

Included is a Scripture reading plan with different elements for you to integrate into your life. While it is true that a nourishing spiritual life needs to be organized, detailed, and disciplined, it is also true that there needs to be a flow of grace, curiosity, and newness. My therapist once said, **“Greater loyalty is built on the backside of conflict.”**

Well, it turns out she is-so-right. God is trustworthy and good and true. Imagine re-discovering that truth about God after you’ve experienced disillusionment, frustration, or despair! God longs to fulfill, empower, and guide you to victory in this life in and through Jesus Christ, especially on the backside of conflict. But it’s your choice in how you respond.

To Him Who Is Able!





Best Practices

1. **Be prepared.** You will need a Bible, journal, and this devotional for the next 12 weeks.
2. **Be creative.** Read through all the guides, pray, and start piecing together your own holy habits to incorporate and practice.
3. **Be whole-hearted.** Notice what you're noticing. Be honest with yourself and God. Don't beat yourself up. Commit yourself to the journey and be expectant.

“It takes, on average, about 66 days to create a habit.
12 weeks is 84 days my friend.

Let's carve out some new holy habits together and
reimagine what God has in store for you.

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EXPERIMENTAL GUIDE

THE PLAN



The Experimental Guide is a customizable plan. You'll see a list of different spiritual disciplines to incorporate into your daily life. Over the next 12 weeks, your customized guide (which you will fill out on the following pages) will be your roadmap to practice daily spiritual habits so you grow closer to God.

This guide is meant to be a prayerful, intentional, safe space. Explore, experiment, and integrate different practices that work well for **you**. Just like a good, secret family recipe takes years to develop and special ingredients/cooking methods that differentiate their dish from all the others. It's the same thing here.

Given your story, personality, wiring, and interests how you combine holy habits, practice them, and integrate them into your life is one-of-a-kind! Remember, **the goal is to find variety. Different ways to practice rhythms that bring intimacy and grow your relationship with God.** This is not a spiritual ladder, merely "doing" these things for you to gain approval is a disaster in the making. That being said, we partner with God and open ourselves in vulnerability to allow Him to shape our lives ... these holy habits should provide the space to do just that.

I hope you find this exciting and a bit daunting. You get the awesome opportunity to examine your life alongside Scripture and ultimately discover more about God.

SPIRITUAL HABITS

1.) PRAYER

We can't do this without God. Period. So, let's kick off our morning and end our day in prayer. This can be your own prayer, the Lord's Prayer, or a guided prayer from Scripture, liturgy, or other books of prayer. If doing this twice a day seems like too much, then start with once a day. Whatever you decide, stick with it. Discipline here is key.

2.) THANKSGIVING

It's so easy to take life for granted. No matter what we are going through lifting up praise to God can be the very thing we need to shift our perspective and remind us that God is near. Each day (either morning or evening), write out a few things that you are grateful to God for. **Anywhere from three to six things will help shift your heart and mind and jumpstart those neurons in your brain to remind you of what's really important.**

3.) HOLY INITIATIVES + RADICAL SHIFTS

This is one of the most crucial parts of your plan. This powerful, experimental exercise gives you a safe space to incorporate practical disciplines of righteousness that lead to holiness. Please know that the Holy Initiatives and Radical Shifts will not change through the entirety of the devotional. So, don't write them down just yet!

Go through the Holy Initiative and Radical Shift's exercises found on the next page. You will unpack exactly what this means, and the purpose of the exercise. Pray for the Holy Spirit's guidance as you prepare to step into this important spiritual practice.

4.) SCRIPTURE & WORSHIP

Follow the Scripture reading plan outlined over the next 12 weeks. Make notes, circle, underline, or highlight what sticks out to you and journal about it. I highly recommend putting on a worship song after your Scripture reading, but if that doesn't work for you, incorporate worship creatively into your day (driving, walking, working out, paying bills, cooking, etc).

5.) OTHER

Friends, this is not an exhaustive holy habits list. There are a ton more spiritual disciplines that you can incorporate in your plan. This is only meant to kickstart and help you organize. So, use this space to incorporate giving, art, serving, meditating or celebrating with God. It doesn't have to be every day ... make it customized between you and the Lord.

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HOLY INITIATIVES + RADICAL SHIFTS

THE WHY



This Holy Initiatives + Radical Shifts is one of the most crucial parts of your plan. You will decide on two of each to incorporate over the next 12 weeks. So, take your time. Pray, journal, and ask questions to those close to you as you prepare your list.

The Holy Initiatives + Radical Shifts will not change throughout the entirety of the devotional. You will list two Holy Initiatives (good, holy habits) you would like to start incorporating/practicing in your life and two Radical Shifts (unhelpful habits, attachments, or sinful behaviors) you would like to change or stop doing.

There are tons of places in Scripture where God beckons us to practice what is good and right and holy and turn away from sin. This is not a legalistic list. Nor is it a shame or guilt space. Your list is also not meant to be a keeper of rights or wrongs. ***The purpose of this exercise is an experimental process that provides a safe space where you are free to practice holy living.*** That's it! The goal will never be complete until we are with Jesus.

The heart behind this specific practice is for you to have a defined space where you can grow in grace. Ask the Spirit of the Living God to guide you as you examine your life and put yourself in a posture to live according to God's Word. God takes it from there and does things beyond our wildest imaginations.

1.) HOLY INITIATIVES: ALTARS

Holy Initiatives are simply good, holy habits that you desire to incorporate into your life. These can happen anywhere and applied to almost anything: your attitude, church, gifting/abilities, physical health or finances ... the list goes on and on. Remember, God longs to see you free and alive in Him, so pray and dream about what that might look like in light of Scripture.

Holy Initiatives - Examples

- Meditate - Practice silence by placing attention and reverence on God
- Kind Words - Utilize intentional words to encourage my family/friends
- Exercise - Schedule routine walks to increase body movement
- Read - Study on a topic helpful to my spiritual/physical/mental life
- Sabbath - Institute a Sabbath during the week to rest and praise God
- Give - Tithe 2% or higher to church/nonprofit & trust God with money
- Memorize - Memorize Psalm 23 over the next 12 weeks
- Prayer - Pray together with my family 2X a week

2.) RADICAL SHIFTS: IDOLS

Radical Shifts are the unhelpful habits, earthly attachments, or sinful behaviors that you long to see eradicated, relinquished, or radically shifted in your life. Radical shifts require absolute honesty before God and yourself. These are the "red flags" in your life that need to be repented of, attended to, or laid down at the foot of the cross.

Radical Shifts - Examples

- Reduce TV - Eliminate impure shows/movies over the next 12 weeks
- Therapy - Find a therapist to address my anger issues
- Finance - Pay down debt & start a savings plan
- Alcohol - Abstain from alcohol for the next 12 weeks
- Forgive - Work on a complicated relationship and extend forgiveness
- Pastor - Meet a pastor/mentor to discuss a sin issue I'm struggling with
- Cuss - Identify swear words and replace them
- Lust - Stop devouring/comparing things not meant for me

HOLY LIVING: YOUR NEW SELF

"Put to death, therefore, whatever belongs to your earthly nature: sexual immorality, impurity, lust, evil desires and greed, which is idolatry ... rid yourselves of all such things as these: anger, rage, malice, slander, and filthy language from your lips. Do not lie to each other since you have taken off your old self with its practices and have put on the new self, which is being renewed in knowledge in the image of its Creator.

Therefore, as God's chosen people, **holy and dearly loved**, clothe yourselves with compassion, kindness, humility, gentleness, and patience. Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity." Colossians 3:5-6; 8-10; 12-14

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YOUR GUIDE TO HOLINESS REIMAGINED



It's time.

Let's go ahead and put all the pieces together. We're going to combine the spiritual habits alongside your Holy Initiatives and Radical Shifts. On the next page, you're going to plug in the details, answer some questions, and fill out your guide that works just-for-you.

Here are a couple of things to keep in mind:

1.) Be organized. You are going to utilize this plan over the next 12 weeks. A best practice is to be as **specific** as possible with each element. Don't overthink it. Use a separate piece of paper to start writing down all of your ideas and whittle it down from there. If you say you're going to do something, do it. You should not be overwhelmed by your plan, but it should make you slightly uncomfortable and excited all at the same time.

2.) Start small. If you don't pray first thing in the morning as a rhythm, maybe part of your plan is just to wake up at a certain time and get yourself in a quiet spot to listen to God. Or maybe you've never meditated? Great, start by spending 5 minutes in silence. Practicing it for a while and you'll be surprised at how much any habit will grow! If you notice something not working or you need to shift it based on schedule, life, or personal preference ... then do that too. *If two Holy Initiatives and Radical Shifts are too much, then just start with one.

I had originally planned to give thanks to God in the evening, right before bed. I tried it out for five to six nights in a row. I instantly noticed that I was tired, irritated, and very grumpy. I'm not a night person at all. Lights are out by 9 pm in my home you guys. So, I reevaluated and found some time in the morning to journal and write some notes of gratitude out before the Lord. I simply shifted that practice. I love my morning time with God! I often spend much more time than I originally started expressing praise and thanks to God instead of focusing on my needs/wants.

3.) Have fun. God loves you. And He *really* likes hanging out and having fun with you. That is what the "Other" section is for. Spend time with God going on nature walks once a week, baking bread, playing an instrument, or doing *whatever you enjoy*. This part is so important. Bonus: You find out that God is also amazing, fun, whimsical, creative, and mysterious too.

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SPIRITUAL GUIDE

MY 12 WEEK PLAN

PRAYER

What is my prayer plan?

How will I practice prayer every day?

01

HOLY INITIATIVES

THANKSGIVING

What is my plan of gratitude?

How will I practice this every day?

02

SCRIPTURE & WORSHIP

What is my Scripture and worship plan?

What are my practical steps to practice these throughout the week?

01

RADICAL SHIFTS

OTHER

What is my plan?

How will I practice this?

02

TO HIM WHO IS ABLE

SCRIPTURE READING PLAN

MY 12 WEEK PLAN

COLOSSIANS

FULFILLED IN CHRIST

DAYS 1 - 28

WEEK 1: THE SUPREMACY OF CHRIST (CH. 1)

WEEK 2: HIDDEN TREASURE (CH. 2)

WEEK 3: HOLINESS UNVEILED (CH. 3)

WEEK 4: MATURE & FULLY ASSURED (CH. 4)



1 PETER

EMPOWERED BY GOD

DAYS 29 - 63

WEEK 5: NEW BIRTH & LIVING HOPE (CH. 1)

WEEK 6: CHOSEN BY GOD (CH. 2)

WEEK 7: SET APART (CH. 3)

WEEK 8: LIVING FOR GOD (CH. 4)

WEEK 9: GOD CARES FOR YOU (CH. 5)

2 PETER

ESTABLISHED FOR GLORY

DAYS 64 - 84

WEEK 10: PARTICIPATORY FAITH (CH. 1)

WEEK 11: BEWARE! (CH. 2)

WEEK 12: HOLY & GODLY LIVES (CH. 3)



COLOSSIANS : Fulfilled in Christ

DAYS 1 - 28



The church in Colosse was established by Epaphras (Col 4:12,13) most likely during the years of Paul's Ephesian ministry that Luke records in Acts 19. Many historians believe the city of Colosse was in a state of decline with more people opting for its neighboring cities of Laodicea and Hierapolis. One thing is clear: the church in Colosse was extremely valuable to God. Paul would explain one of the most rich, theological descriptions of the Christian's reality, that all things begin and end with Jesus Christ.

The warning for the church in Colosse rings through to us today, do not be deceived. The world will tempt you to look anywhere else than Christ to be fulfilled. So, let's roll up our sleeves and look to the only one who is able to liberate us and give us fulfillment in this life.

"And those who are members of Christ realize their fulness in Him; they need not seek, and they cannot find, perfection anywhere else."

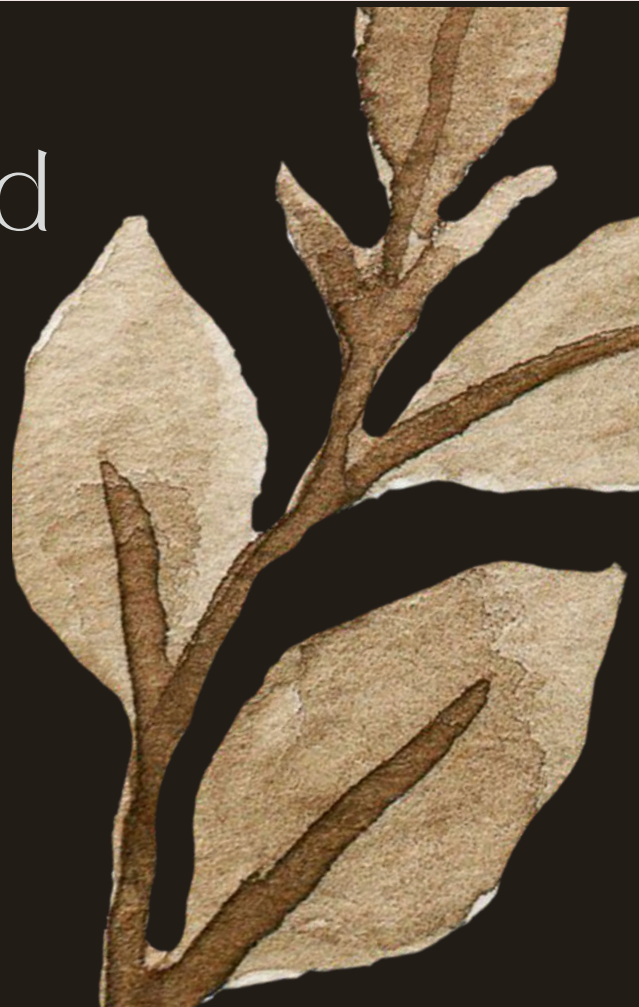
E.K. Simpson & F.F. Bruce

JESUS: Holiness Exemplified

"Then Levi held a great banquet for Jesus at his house, and a large crowd of tax collectors and others were eating with them. But the Pharisees and the teachers of the law who belonged to their sect complained to his disciples, "Why do you eat and drink with tax collectors and 'sinners'?"

Jesus answered them, **"It is not the healthy who need a doctor, but the sick. I have not come to call the righteous, but sinners to repentance."**

Luke 5: 29-31 (NIV)



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Colossians: Fulfilled in Christ

WEEK 1: THE SUPREMACY OF CHRIST



DAY 1

Prayer & Thanksgiving
Colossians 1:1-9
Holy Initiatives + Radical Shifts
Worship Song
Journal
Prayer & Thanksgiving

DAY 2

Prayer & Thanksgiving
Colossians 1:10-14
Holy Initiatives + Radical Shifts
Worship Song
Journal
Prayer & Thanksgiving

DAY 3

Prayer & Thanksgiving
Colossians 1:15-20
Holy Initiatives + Radical Shifts
Worship Song
Journal
Prayer & Thanksgiving

DAY 4

Prayer & Thanksgiving
Colossians 1:21-23
Holy Initiatives + Radical Shifts
Worship Song
Journal
Prayer & Thanksgiving

DAY 5

Prayer & Thanksgiving
Colossians 1:24-29
Holy Initiatives + Radical Shifts
Worship Song
Journal
Prayer & Thanksgiving

DAY 6

Prayer & Thanksgiving
Colossians 1 (Read entire chapter)
Holy Initiatives + Radical Shifts
Worship Song
Journal
Prayer & Thanksgiving

DAY 7

**SABBATH REST:
LIVE A LIFE WORTHY OF
THE LORD AND PLEASE
HIM IN EVERY WAY.**

Colossians 1:10

NOTES

- _____
- _____
- _____
- _____

NOTES: DAY 1 - COLOSSIANS 1:1-9



NOTICE

Who is the author?
Who is Colossians written to?
When was the letter written?
Why was the letter written?
What is the purpose?

*Keep in mind that one of Paul's main purposes is to show the early Christian believers that ALL things are fulfilled in the person of Jesus Christ.

What stands out to you?
Who is Epaphras?
Where is Paul writing from?

JOT

Paul's prayer for the church lives on through you in vs 9: "...asking God to **fill you** with the knowledge of **his will** through all spiritual wisdom and understanding."

The good news is the gospel has come to you! There is a "hope that is stored up for you in heaven" (vs 5). As you dive into Colossians jot down thoughts the Holy Spirit is whispering in your heart and mind. What is the knowledge of God's will for the church?

NOTES: DAY 2 - COLOSSIANS 1:10-14



NOTICE

What is the goal of the prayer?
How do you please the Lord?
Who has qualified you?
Why did God rescue you?
When should we give thanks?

*Wisdom and knowledge are referred to multiple times in this epistle. Keep in mind the problem the church in Colosse was facing in regard to your own culture in context. Where do you go to find truth, wisdom, knowledge and understanding?

What stands out to you?
Do you have great endurance and patience?

JOT

What does it look like to "bear fruit in every good work" in your own life? Look back at vs. 8 ... who did the early church express their love through? How do you rely on the Holy Spirit?

God is trinitarian in nature. Simply. **God the Father** initiates your rescue and redemption, **God the Son** paid for your sin on the cross, and **God the Holy Spirit** is your deposit. The Spirit of God indwells inside of you and actively participates, helping you to grow in the wisdom and knowledge of spiritual things so that you can do God's will.

NOTES: DAY 3 - COLOSSIANS 1:15-20



NOTICE

Who is the image of God?
Who is before all things?
Who holds all things together?
Who is the head of the church?
Why is Jesus supreme?

This passage in particular establishes the deity of Jesus. God works both in creation and redemption ... all for reconciliation. So, nothing is lacking in the person of Jesus Christ. Jesus' superiority and authority rules over the cosmos and everyday life. Does he also rule in our own lives as well?

What stands out to you?
Is Jesus Lord of your life?

JOT

Look at verse 19. Who was pleased for Jesus to have all His fullness? What does this say about God's nature?

If all things were created by Jesus and for him, what does that say about your own life? What does this mean for the church and the world? Isn't it wild that we have full confidence to be able to go to the Triune God of the Universe knowing that He loves us and that He holds all things together, asking Him anything that we might need or ails us? There is nothing He cannot do! How does this change the way you pray?

NOTES: DAY 4 - COLOSSIANS 1:21-23



NOTICE

Who was an enemy of God?
Why were we enemies?
Why does Jesus' death matter?
What are you free from?
How are you holy?

Even when we were rebellious, caught in sin and shame, enemies of God, who took the initiative? Who did it cost to bring you into His Kingdom? All for you to be holy, blameless, and free from accusation!

What stands out to you?
Notice vs. 23 ... what is the caveat?

JOT

Take some time and think about your life separated from God. Give some time to journal and jot down gratitude and joy for your very own salvation. What does it mean to be a part of the kingdom of God?

Why is it so important to keep your own salvation story in mind? How do you remain steadfast and secure ... holding onto the hope found only in the gospel? Finally, do you consider yourself a servant of the gospel? Why or why not?

NOTES: DAY 5 - COLOSSIANS 1:24-29



NOTICE

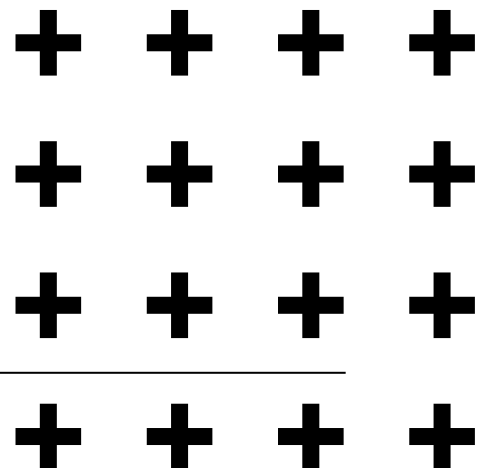
Why is Paul rejoicing?
Who is Paul doing this for?
What is the mystery?
Why is this so profound?

Harrison wrote, "The hope of glory is Christ himself, for his presence in His people gives substance to the promise of being glorified with Him at His coming again (Col 3:4). This hope will never be dashed; there will be no disappointment (Ro 5:2-5). Have you ever thought about the day in which you will stand before God?

What stands out to you?

JOT

What is so powerfully at work in Paul? Remember where Paul is writing from. What are his struggles? What keeps Paul encouraged and motivated and full of joy?



NOTES: DAY 6 - COLOSSIANS 1



NOTICE

Now that you have read through Colossians chapter 1 twice, what is something new you have learned? How can you apply it to your life?

J O T

Try and write out a few sentences that sum up Colossians chapter 1. With the spiritual knowledge you have gained, how will this help you with your spiritual rhythms of prayer, thanksgiving and worship? How can Colossians directly apply to your Holy Initiatives and Radical Shifts?

Spend time journaling and reflecting on what God has done in and through your obedience this week.

DAY 7: SABBATH REST

“Live a life
worthy of the
Lord and please
him in every way.”

COLOSSIANS 1:10

TO HIM WHO IS ABLE

Colossians: Fulfilled in Christ

W E E K 2 : H I D D E N T R E A S U R E



DAY 8

Prayer & Thanksgiving
Colossians 2:1-5
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 9

Prayer & Thanksgiving
Colossians 2:6-12
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 10

Prayer & Thanksgiving
Colossians 2:13-15/Galatians 5:13-22
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 11

Prayer & Thanksgiving
Colossians 2:16-19
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 12

Prayer & Thanksgiving
Colossians 2:20-23
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 13

Prayer & Thanksgiving
Read Colossians chapter 1&2
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 14

**SABBATH REST:
CONTINUE TO LIVE IN
HIM, ROOTED & BUILT UP,
STRENGTHENED IN FAITH.**

Colossians 2:6

NOTES

- _____
- _____
- _____
- _____

NOTES: DAY 8 - COLOSSIANS 2:1-5



NOTICE

What is Paul's purpose for those in Colosse and Laodicea? Why do you think Paul is struggling?

What is the "full riches and complete understanding" all about?

Who is the key to knowing the mystery of God?

Why are understanding and spiritual knowledge so important for the church to understand and grasp?

JOT

Paul explains in verse 5 that even though he is "absent from you in body", he is "present with you in spirit". Have you ever thought about this? Who can you pray for today that you are present with in "spirit"?

Finally, Paul is delighted to see how "orderly" and "firm" the early church is in their commitment to God. It's one of the reasons we implemented a good spiritual plan here. Take a moment and review your guide. Is it working? Are you able to implement and spend time with God?

NOTES: DAY 9 - COLOSSIANS 2:6-12



NOTICE

When did you receive Jesus Christ as Lord?

What are we encouraged to do as followers of Christ in verses 6&7?

How can you discern what human traditions and worldly philosophies are versus those we practice in Christ?

Who is the head over every power and authority?

How does knowing Christ has authority change the way you live?

How was your sinful nature spiritually "circumcised"?

Whose power raised Christ from the dead?

JOT

Think about the power of God for a minute. Go back to verse 12. Who's same power is your faith established in? Why does this matter?

Now, go back to verse 6 & 7. If God's power was at work in Christ in raising Him from the dead, how can we go to God and ask Him to help us? Remember, God doesn't just give us forgiveness from sins through the blood of Christ on the cross, but He longs to fill us with the power of the Holy Spirit!

NOTES: DAY 10 - COLOSSIANS 2:13-15



NOTICE

Who made you alive with Christ?

What is the written code that God cancelled?

What powers did God disarm when forgiving us and canceling the penalty of sin?

Why is the cross the most unexpected triumph in human history?

***Bonus Read:**
Galatians 5:13-23

JOT

Think about your life. Past, present, and future. Because of the work Jesus accomplished on the cross, our sins are forgiven. We have complete access to God and have victory over Satan and sin and shame! But do we live in such a way?

Read Galatians 5:13-23. You are free in Christ! And living a thriving life by the power of the Holy Spirit is what God desires for us. Spend some time asking God to help cultivate the fruit of the Holy Spirit.

NOTES: DAY 11 - COLOSSIANS 2:16-19



NOTICE

What is Paul trying to warn the early church about here in these set of verses?

Who does Paul constantly point Christians back to?

What can happen if we lose connection to our Lord and Savior, Jesus Christ?

JOT

This section of Scripture is SO important, especially in regard to what we are trying to do in this very study. Knowledge and religion can puff up, there can be false teachers and legalism and whole set of other things that can trip us up. But Jesus. Let's not confuse the means to the end. God causes us to grow in faith through belief in Christ. Period. How can we make sure we stay connected to Jesus and not allow ourselves to get disconnected or self-righteous?

NOTES: DAY 12 - COLOSSIANS 2:20-23



NOTICE

What are the basic principles of this world?

How do the principles of the world differ from God's?

How can worldly or religious regulations have an appearance of wisdom?

Why do "self-imposed" worship or "false-humility" lack value in restraining "sensual indulgences"?

JOT

When reading through this set of verses, it's really easy to think, "that would never happen to me". But we have increasingly been witness to various fallen leaders in the church that became separated from Christ, believing their own false-humility and unable to refrain from certain indulgences. In fact, I believe we've seen it so much that Paul is looking down from Heaven hoping our churches would take this a bit more seriously. Take some time in prayer allowing the Holy Spirit to cultivate a passion and love for Christ that is rooted and strengthened in Him alone.

NOTES: DAY 13 - COLOSSIANS 1 & 2



NOTICE

Now that you have read through Colossians chapter 1 & 2 twice, what is something new you have learned? How can you apply this to your life?

***Bonus Read:**
Galatians 5:13-23

JOT

Now put it all together. Review what we have read the past two weeks. Try and write out a few sentences that sum up Colossians chapter 1, 2 and our passage in Galatians. With the spiritual knowledge you have gained, how will this help you with your spiritual rhythms of prayer, thanksgiving and worship? How does the passage in Galatians directly apply to your Holy Initiatives and Radical Shifts?

Spend time journaling and reflecting on what God has done in and through your obedience this week.

DAY 14: SABBATH REST

“Continue to live
in him,
rooted & built up,
strengthened
in faith.”

COLOSSIANS 2:6

TO HIM WHO IS ABLE

Colossians: Fulfilled in Christ

WEEK 3 : HOLINESS UNVEILED



DAY 15

Prayer & Thanksgiving
Colossians 3:1-4
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 16

Prayer & Thanksgiving
Colossians 3:5-11
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 17

Prayer & Thanksgiving
Colossians 3:12-17
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 18

Prayer & Thanksgiving
Colossians 3:18-21
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 19

Prayer & Thanksgiving
Colossians 3:22-25
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 20

Prayer & Thanksgiving
Read Colossians 1-3
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 21

**SABBATH REST:
FOR YOU DIED, AND YOUR
LIFE IS NOW HIDDEN
WITH CHRIST IN GOD.**

Colossians 3:3

NOTES

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- _____
- _____
- _____

NOTES: DAY 15 - COLOSSIANS 3:1-4



NOTICE

Now that you have been "raised with Christ" what should you do with your heart and minds?

What happened when you died with Christ?

Who is your life now?

What kind of perspective is Paul trying to give the early church in vs 1-4? Eternal or earthly?

JOT

Take some time reflecting on your holy habits along with your Scripture reading. How has it helped put your mind and heart on Jesus?

What other things/times/activities throughout the day could you maybe pause, and give to Jesus to help give you an eternal attitude?

NOTES: DAY 16 - COLOSSIANS 3:5-11



NOTICE

What types of things does Paul ask the early Christians to "put to death"?

Why does Paul call the things that belong our earthly nature "idols"?

Why do idols bring the wrath of God? What does this say about God's character?

What else does Paul ask the early believer's to rid themselves of?

How is our new self being renewed?

JOT

Colossians 3:11 is such a special verse. No matter who you are, where you come from, what your background is, whether you are male or female ... you are free in Christ.

This should remind us that we are all on the same level playing field. Not one of us is better than the other. Christ paid the penalty for all and Christ is in all! How does this expand your vision of the Kingdom of God?

How should this change the way you look at your fellow brothers and sisters in Christ? How should this change the way you look at the world?

NOTES: DAY 17 - COLOSSIANS 3:12-17



NOTICE

What does Paul remind you of WHO you are in Christ?
Why does understanding that being chosen, holy, and dearly loved matter when thinking about spiritual habits?
What does Paul ask the early church to clothe themselves with?
Which virtue is supreme?
Who loved and forgave us first?
Why does love bind together in perfect unity?

JOT

Do you find that the peace of Christ rules in your own heart? Why or why not?
What does Paul ask us in verse 16?
How do we get to the place in our lives that no matter what we are doing, we do it ALL in the name of Jesus?
This is a weighty statement. Write your thoughts and pray and ask God to illuminate this text for appropriate application in your life.

NOTES: DAY 18 - COLOSSIANS 3:18-21



NOTICE

What does Paul ask wives to do for their husbands?

What does Paul ask husbands to do for their wives?

What does Paul ask children to do for their parents?

*Make sure you think about these verses CONTEXTUALLY. When did Paul write this letter? How were the households behaving in Colosse when Paul was writing to them? Why does understanding the context make a difference for application?

JOT

There has been a lot of damage done when we take a verse out of context and use it to supplement our own agenda, power, or advantage. Holy living is about keeping Christ central, and how we regard each other in our family unit is important. There will always be light variances of applications given cultures and settings, but what should stand out is in the dynamic of Christian family dynamics ... love should be the tie that binds.

How are you loving your spouse or children? How are you loving your parents?

NOTES: DAY 19 - COLOSSIANS 3:22-25



NOTICE

How are servants to approach their work?

Who should we act as if we are working for?

Paul reminds the early church that they will receive an inheritance from the Lord, why does this matter?

What does God make in verse 25?

JOT

Continuing on in our conversation about context, what was the reality for certain slaves/servants in the early church? How would Paul's teaching have revolutionized their work ethic?

Now think about your own work ... how does this set of passages help change the way you work or study?

NOTES: DAY 20 - COLOSSIANS 1-3



NOTICE

Now that you have read through Colossians chapters 1-3 twice, what is something new you have learned? How can you apply this to your life?

JOT

Now put it all together. Review what we have read the past three weeks. Try and write out a few sentences that sum up Colossians chapter 1-3 and our passage in Galatians. With the spiritual knowledge you have gained, how will this help you with your spiritual rhythms of prayer, thanksgiving and worship? How does the passage in Galatians directly apply to your Holy Initiatives and Radical Shifts?

Spend time journaling and reflecting on what God has done in and through your obedience this week.

DAY 21: SABBATH REST

“For you died,
and your life is
now hidden with
Christ in God.

COLOSSIANS 3:3

TO HIM WHO IS ABLE

Colossians: Fulfilled in Christ

W E E K 4 : M A T U R E & F U L L Y A S S U R E D



D A Y 2 2

Prayer & Thanksgiving
Colossians 4:1-4
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

D A Y 2 3

Prayer & Thanksgiving
Colossians 4:5-9
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

D A Y 2 4

Prayer & Thanksgiving
Colossians 4:10-12
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

D A Y 2 5

Prayer & Thanksgiving
Colossians 4:13-15
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

D A Y 2 6

Prayer & Thanksgiving
Colossians 4:16-18
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

D A Y 2 7

Prayer & Thanksgiving
Read Colossians 1-4
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

D A Y 2 8

**SABBATH REST:
DEVOTE YOURSELF TO
PRAYER, BEING WATCHFUL
AND THANKFUL.**

Colossians 4:2

N O T E S

- _____
- _____
- _____
- _____

NOTES: DAY 22 - COLOSSIANS 4:1-4



NOTICE

What is the reminder Paul gives to those who are masters?

What is the early church encouraged to devote their time in?

What do you think Paul wants the Christians to be watchful for?

Why does Paul ask the church to pray for him in return?

What is Paul's specific prayer request to the church of Colosse?

JOT

How has your time gone these past three weeks devoted in prayer? Have you experienced a deeper prayer life? Why or why not?

Paul's vulnerability in asking the church to pray very specifically for him has been very convicting for me personally. I know I clam up and don't like to put my personal prayer requests on others but why is this important? How can you take a step to ask someone to pray for you?

NOTES: DAY 23 - COLOSSIANS 4:5 - 9



NOTICE

Who is Tychicus? What was his role?

Who was Onesimus to the church in Colosse?

Why do you think Paul mentions these fellow servants?

Why would sending them encourage their hearts?

JOT

Who is a fellow minister of the gospel that encourages your heart? We are not meant to do this alone. God calls us into community.

Are you a part of a church? Maybe a small group? If not, think about joining a group of believers to pray and study with. If you are, reach out and thank someone today that has encouraged your own heart.

NOTES: DAY 24 - COLOSSIANS 4:10-12



NOTICE

Who are the other people Paul mentions in his letter to Colosse?

Who specifically does Paul mention as being a comfort to him? Why are there few Jewish workers for the Kingdom of God? Why would this be difficult given a Jewish/Gentile culture and context?

What does Epaphras wrestle with God in prayer about specifically?

JOT

As you work to "stand firm in the will of God" in your faith, who could you pray for as well? Having a heart for others, like Epaphras did for Colosse helps expand our love for others. It gives us a wider vision for God's Kingdom. Pray for someone/church today the same kind of prayer Epaphras did for Colosse back then.

NOTES: DAY 25 - COLOSSIANS 4:13-15



NOTICE

Who is Luke, that Paul refers to?

Why do you think Paul is mentioning so many details about who he is vouching for and current events as to what is going on with them? Why is this included in Scripture?

Who is Nympha?
Where is her church located?

JOT

What is clear from the last couple of days readings is that the early church talked and shared with one another. They were clued in and kept up with what each other were doing! They were connected.

How can we keep a global connection for the church in our modern context? What are some things we might do to encourage churches in our cities, country, and world?

NOTES: DAY 26 - COLOSSIANS 4:16-18



NOTICE

What are Paul's instructions to the early church after His letter has been read?

Who is Archippus, and what is Paul's specific instruction to him?

What does Paul ask for the early church to remember about him?

JOT

The early church did not have access to Scripture like we do today. Think about how hard it would have been for them to keep Paul's words at the top of their minds?!

Think about how happy the church would have been to hear from Paul, but also sad as the letter ended. What kind of passion do we have to share Paul's words with our family and friends? Who could we even reach out to and encourage with the truth found in the book of Colossians?

NOTES: DAY 27 - COLOSSIANS 1-4



NOTICE

Now that you have read through Colossians chapters 1-4 twice, what is something new you have learned? How can you apply this to your life?

JOT

Now put it all together. Review what we have read the past four weeks. Try and write out a few sentences that sum up Colossians chapter 1-4 and our passage in Galatians. With the spiritual knowledge you have gained, how will this help you with your holy habits of prayer, thanksgiving and worship? How does the passage in Galatians directly apply to your Holy Initiatives and Radical Shifts?

Spend time journaling and reflecting on what God has done in and through your obedience this week.

DAY 28: SABBATH REST

“Devote yourself
to prayer, being
watchful and
thankful.”

COLOSSIANS 4:2

1 PETER : Empowered by God

DAYS 29 - 63



Just as the Apostle Paul had a tremendous impact on the early church (such as Colosse), the Apostle Peter had been with Jesus from the beginning. Once a fisherman, Peter would ultimately become the leader of the early church. Peter writes his letter to the early believers in the Roman provinces of northern Asia Minor (modern Turkey) who are scattered throughout the region facing difficulties and persecution.

Peter's purpose to the early Jewish and Gentile Christians was simple: Jesus is your living hope in light of suffering, discouragement, and problems. Peter passionately pastors the early church to understand that there will be turmoil when you live in a society ignorant of God. But God will provide the grace and the power to live by faith and have joy.

"Those who read 1 Peter are encouraged to lift their eyes from present problems and trials and behold the vistas provided by an eternal perspective. For though believers may for a while suffer grief in trials, they wait for an inheritance that can never perish, spoil, or fade."

The Bible Knowledge Commentary: New Testament Edition - Walvoord & Zuck

JESUS: Holiness Exemplified

"The Son of Man must suffer many things and be rejected by the elders, chief priests and teachers of the law, and he must be killed and on the third day raised to life."

Then he said to them all: **"If anyone would come after me, he must deny himself and take up his cross daily and follow me. For whoever wants to save his life will lose it, but whoever loses his life for me will save it. What good is it for a man to gain the whole world, and yet lose or forfeit his very self? If anyone is ashamed of me and my words, the Son of Man will be ashamed of him when he comes in his glory and in the glory of the Father and of the holy angels."**

-Luke 9:21-26 (NIV)



TO HIM WHO IS ABLE

1 Peter: Empowered by God

WEEK 5 : NEW BIRTH & LIVING HOPE



DAY 29

Prayer & Thanksgiving
1 Peter 1:1-2
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 30

Prayer & Thanksgiving
1 Peter 1:3-12
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 31

Prayer & Thanksgiving
1 Peter 1:13-16
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 32

Prayer & Thanksgiving
1 Peter 1:17-21
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 33

Prayer & Thanksgiving
1 Peter 1:22-25
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 34

Prayer & Thanksgiving
Read 1 Peter 1
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 35

**SABBATH REST:
YOU ARE RECEIVING THE
GOAL OF YOUR FAITH, THE
SALVATION OF YOUR SOULS.**

1 Peter 1:9

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NOTES: DAY 29 - I PETER 1:1-2



NOTICE

Who is the author?
Who is Peter writing to?
When was the letter written?
Why was the letter written?
What is the purpose?

*What are the roles of God the Father, Jesus Christ, and the Holy Spirit?

What does Peter long for the early church to have in abundance?

JOT

Just as Peter was writing these words directly to the early Christians scattered throughout Roman provinces in Asia Minor, he writes them for you.

You, "who have been chosen according to the foreknowledge of God the Father, through the sanctifying work of the Spirit, for obedience to Jesus Christ and sprinkling by his blood."

Pray and thank God for his work in your life and to continue to sanctify your heart and mind so that you may obey Jesus in your life!

NOTES: DAY 30 - 1 PETER 1:3-12



NOTICE

What has God given to those who believe in him?

Why does Peter use "living hope?"

Where is your inheritance kept?

For those who are in faith, what are you shielded by?

What does Peter instruct the early Christians to do in their suffering?

What should the outcome of trials and persecution produce?

What is the goal of faith?

JOT

Why do you think the "even angels long to look into these things."?

Knowing that grace has come to you, and you have a living hope through Jesus Christ how does that change the way you live through the day?

How have some of the trials in your own life refined you? Spend some time in quiet reflection today. Give God praise and glory for the eternal inheritance you have and the knowledge that you are shielded by His power!

NOTES: DAY 31 - 1 PETER 1:13-16



NOTICE

What does Peter instruct the early church to do?

Who calls the church to be holy? What does this mean?

How does Peter instruct the church to be holy?

JOT

How are your Holy Initiatives and Radical Shifts going? Are your Spiritual practices helping you experience God?

How does today's Scripture reading encourage and help you go deeper in your faith? Are there some areas in your life that you need to repent of? Are you able to fully set your hope on the grace of Jesus?

NOTES: DAY 32 - I PETER 1:17-21



NOTICE

How does Peter describe God in verse 17?

Why is it important to know God as a good and holy judge? Peter instructs the early church to live like what?

How are lives redeemed? Christ was chosen before the creation of the world, but why is the revelation reserved for the last days?

JOT

Since it is "through" Jesus that we believe in God ... why does this matter? How can we better depend on Jesus and live through him? What does that look like practically?

NOTES: DAY 33 - 1 PETER 1:22-25



NOTICE

How does the church purify itself?

What is pure and imperishable?

What is Peter preaching to the early church?

JOT

How can you abide in God's Word more throughout the day? Why are meditating and studying Scripture so important?

How is your reading plan going? Can you see a difference in your thoughts, perspectives, and attitude as you set your mind on God's Word? Why or why not?

NOTES: DAY 34 - 1 PETER 1



NOTICE

Now that you have read through 1 Peter 1 what is something new you have learned? How can you apply this to your life today?

JOT

Now put it all together. Review what we have read this past week. Try and write out a few sentences that sum up 1 Peter 1. There is a ton of goodness and truth this week. With the spiritual knowledge you have gained, how will this help you with your holy habits of prayer, thanksgiving and worship? How does the passage in 1 Peter 1 directly apply to your Holy Initiatives and Radical Shifts?

Spend time journaling and reflecting on what God has done in and through your obedience this week.

DAY 35: SABBATH REST

“You are receiving
the goal of your
faith, the salvation
of your souls.”

I PETER 1:9

TO HIM WHO IS ABLE

1 Peter: Empowered by God

WEEK 6: CHOSEN BY GOD



DAY 36

Prayer & Thanksgiving
1 Peter 2:1-3
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 37

Prayer & Thanksgiving
1 Peter 2:4-10
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 38

Prayer & Thanksgiving
1 Peter 2:11-12
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 39

Prayer & Thanksgiving
1 Peter 2:13-17
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 40

Prayer & Thanksgiving
1 Peter 2:18-25
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 41

Prayer & Thanksgiving
Read 1 Peter 1&2
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 42

**SABBATH REST:
HE HIMSELF BORE OUR SINS IN
HIS BODY ON THE TREE SO THAT
WE MIGHT DIE TO SIN AND LIVE
FOR RIGHTEOUSNESS.**

1 Peter 2:24

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NOTES: DAY 36 - 1 PETER 2:1-3



NOTICE

What does Peter instruct the church to get rid of?

How does Peter encourage the church to grow in their salvation?

JOT

How have you seen and tasted that the Lord is good?

Spend time writing down and thanking God for His miraculous work in your life?

Posture your heart in worship today. Ask God to help you crave Him so that you can continue to grow.

NOTES: DAY 37 - I PETER 2:4-10



NOTICE

Why does Peter refer to Jesus as the Living Stone?

What is God building the early church into?

What does it mean to be a holy priesthood?

What do you think spiritual sacrifices are?

What Scripture does Peter reference here? Why?

JOT

What causes people to stumble?

What does it mean for you to be chosen?

What does it mean for you to be holy and a royal priesthood?

What are you supposed to declare?

Take some time to think about all that you have received in Christ. What was your life before your faith in God? What does your spiritual house look like? For those who trust in Jesus, they will never be put to shame! What does this truth mean to you?

NOTES: DAY 38 - 1 PETER 2:11-12



NOTICE

What does Peter urge the early church to abstain from?

How should the church live in the world?

Why does Peter instruct the church to live as "aliens and strangers"?

JOT

Peter uses kind language in calling the early Christians, "friends". How does this help you to interpret 1 Peter?

Think about people in your own life. Does anyone notice anything different about you because of the kind of life you live? Is it hard or easy for you to be a Christian in the city or context in which you live? Why or why not?

How can we better live as aliens and strangers in this world? Are there certain things in your own life that you need to abstain from?

NOTES: DAY 39 - 1 PETER 2:13-17



NOTICE

What should the early church submit themselves to?

What does Peter describe as God's will in this passage?

How does Peter instruct the people to live?

JOT

This passage can be a difficult one for us for many reasons. Take some time to reflect:

Do you live as a servant to God?

Do you show proper respect to everyone? Even those you disagree with?

Do you love your brothers and sisters in Christ? How do you do this?

Do you use your own freedom to cover up sin in your life?

Be honest. Reflect, repent and pray.

NOTES: DAY 40 - 1 PETER 2:18-25



NOTICE

*The Greek word for slaves here is *oiketai*, which refers to household or domestic servants, not slaves (which is *douloi*). This particular passage has been taken out of context and incorrectly misinterpreted and applied.

Peter is trying to help the early church understand how they are to endure personal injustice in light of their faith.

The early church had a very high percentage of servants and slaves. Punishment and suffering were common. Why does Peter challenge these Christians to a new and higher standard?

What is the principle that Peter is setting forth? Who should the believer know and understand is always present?

JOT

Who was the ultimate sufferer? What did Christ endure? How did he respond in the face of punishment, insults, and death? Why is Christ our ultimate example? While we are called to a higher standard of submission we are also beckoned to stand up for justice, righteousness, truth, and defend those who are innocent. How do we live in the tension of both of these truths?

NOTES: DAY 41 - 1 PETER 1&2



NOTICE

Now that you have read through 1 Peter chapters 1&2 twice, what is something new you have learned? How can you apply this to your life?

JOT

Now put it all together. Review what we have read the past two weeks. Try and write out a few sentences that sum up 1 Peter chapter 1&2. With the spiritual knowledge you have gained, how will this help you with your holy habits of prayer, thanksgiving and worship? What specific passage in 1 Peter directly applies to your Holy Initiatives and Radical Shifts?

Spend time journaling and reflecting on what God has done in and through your obedience this week.

DAY 42: SABBATH REST

“He himself bore our
sins in his body on
the tree so that we
might die to sin
and live for
righteousness.

I PETER 2:24

TO HIM WHO IS ABLE

1 Peter: Empowered by God

W E E K 7 : S E T A P A R T



DAY 43

Prayer & Thanksgiving
1 Peter 3:1-4
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 44

Prayer & Thanksgiving
1 Peter 3:5-7
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 45

Prayer & Thanksgiving
1 Peter 3:8-12
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 46

Prayer & Thanksgiving
1 Peter 3:13-17
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 47

Prayer & Thanksgiving
1 Peter 3:18-22
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 48

Prayer & Thanksgiving
Read 1 Peter 1-3
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 49

**SABBATH REST:
IN YOUR HEARTS SET
APART CHRIST AS LORD.**

1 Peter 3:15

NOTES

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- _____
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NOTES: DAY 43 - 1 PETER 3:1-4



NOTICE

Who is Peter speaking to in these verses?

What does Peter hope will happen "without words"?

What two things does Peter say others will see in your life (v. 2)?

Where does Peter say true beauty comes from?

How does God see a "gentle and quiet spirit"?

Make sure you read these verses CONTEXTUALLY. Many women in the early church came to faith while their husbands had not, at a time when wives were expected to follow their husband's religion. Peter is pastoring women in a very vulnerable position.

JOT

Peter says this inner beauty is "of great worth in God's sight." Personality aside, what does a gentle and quiet spirit look like for you? Where do you tend to place your worth: on the outside or the inside? How might your everyday life speak louder than your words to the people closest to you?

NOTES: DAY 44 - 1 PETER 3:5 - 7



NOTICE

Who does Peter hold up as an example?

What did the holy women of the past put their hope in?

What does Peter say about giving way to fear?

What does Peter ask of husbands?

Why does Peter call husbands and wives "heirs together of the gracious gift of life"?

What can hinder our prayers?

JOT

Notice that Peter connects how we treat each other to our prayer life. How do your relationships at home affect your time with God? Where are you giving way to fear right now? What would it look like to put your hope in God instead? Who in your life can you honor this week as a fellow heir of grace?

NOTES: DAY 45 - 1 PETER 3:8-12



NOTICE

What five qualities does Peter ask of "all of you" in verse 8?

What should we not repay evil or insults with?

What should we do instead, and why?

Which psalm does Peter quote in verses 10-12? (Psalm 34)

Where are the eyes and ears of the Lord?

JOT

Which of the qualities in verse 8 comes easily for you? Which one is hard? Think of someone who has hurt or insulted you. What would it look like to "repay evil with blessing"? Write it down and ask the Holy Spirit to help you. How might this connect to your Radical Shifts?

NOTES: DAY 46 - 1 PETER 3:13-17



NOTICE

What does Peter say about suffering for doing what is right?

What does Peter tell the church not to fear?

What does it mean to "set apart Christ as Lord" in your heart?

What should we always be prepared to do?

How should we give our answer?

Why does a clear conscience matter?

JOT

This is your Sabbath verse for the week! What does it look like for Christ to be Lord of your heart, not just your head? If someone asked you today, "Why do you have hope?", what would you say? Take some time to write out the reason for the hope you have. Then read it back with gentleness and respect in mind.

NOTES: DAY 47 - 1 PETER 3:18-22



NOTICE

Why did Christ suffer, and for whom?

What does "the righteous for the unrighteous" mean?

What was the purpose of His suffering? (v. 18: "to bring you to God")

Which Old Testament story does Peter reference?

According to Peter, what does baptism represent?

Where is Jesus now, and what is in submission to Him?

Verses 19–20 are some of the most debated in the New Testament. Don't get stuck there. Keep your eyes on the big picture: Jesus suffered once for all, and He reigns now.

JOT

Christ suffered "to bring you to God." Sit with that for a minute. How does knowing Jesus has already won change the way you face your own suffering? Think back to your own story of coming to faith. Spend time thanking God that no angel, authority, or power is outside of Jesus' reign.

NOTES: DAY 48 - 1 PETER 1-3



NOTICE

Now that you have read through 1 Peter chapters 1-3 twice, what is something new you have learned? How can you apply this to your life?

JOT

Now put it all together. Review what we have read the past three weeks. Try and write out a few sentences that sum up 1 Peter chapters 1-3. With the spiritual knowledge you have gained, how will this help you with your holy habits of prayer, thanksgiving and worship? How does 1 Peter directly apply to your Holy Initiatives and Radical Shifts? Spend time journaling and reflecting on what God has done in and through your obedience this week.

DAY 49: SABBATH REST

“In your hearts
set apart Christ
as Lord.”

I PETER 3:15

TO HIM WHO IS ABLE

1 Peter: Empowered by God

WEEK 8 : LIVING FOR GOD



DAY 50

Prayer & Thanksgiving
1 Peter 4:1-3
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 51

Prayer & Thanksgiving
1 Peter 4:4-6
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 52

Prayer & Thanksgiving
1 Peter 4:7-11
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 53

Prayer & Thanksgiving
1 Peter 4:12-14
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 54

Prayer & Thanksgiving
1 Peter 4:15-19
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 55

Prayer & Thanksgiving
Read 1 Peter 1-4
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 56

**SABBATH REST:
LIVE ACCORDING TO GOD
IN REGARD TO THE
SPIRIT.**

1 Peter 4:6

NOTES

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NOTES: DAY 50 - I PETER 4:1-3



NOTICE

Why does Peter say the church should have the same attitude as Christ?

What does suffering produce?
What do pagans choose to do?

JOT

How did you live life differently before following Jesus?

When thinking about how Christ suffered, how does this help you change your own attitude? Does suffering really help you follow the will of God?

NOTES: DAY 51 - I PETER 4:4-6



NOTICE

What specific challenges were the early church facing?
Who will have to give an account to God?
There are different interpretations regarding verse 6, but what do you think Peter is encouraging Christians about in regard to their future?

JOT

We know that the last earthly affect of sin is physical death, but for the Christian it will result in eternal life. How should this shape your attitude when facing difficult situations?

Take some time to reflect on having more of an eternal perspective today.

NOTES: DAY 52 - I PETER 4:7-11



NOTICE

What does Peter say is near?

What does Peter beckon the church to do?

What is the most important thing to do on Peter's list?

What is the purpose in doing these things?

JOT

What does Peter say we need to do in order to pray?

Why do you think it takes those specific attributes to be able to come to God in prayer?

What gifts do you think you have to serve the body of Christ? When you find yourself serving, do you do it in such a way for God to be praised?

NOTES: DAY 53 - 1 PETER 4:12-14



NOTICE

What does Peter tell the church they should not be surprised about?
Instead, what does Peter instruct the early church to do in light of suffering?
Peter says something surprising in verse 14, what does he say is actually a blessing?

JOT

One of the parts of your spiritual plan is incorporating worship. How is that going?
What does praising God through suffering produce?

Spend some time in worship today. Think about the sufferings that Christ experienced. Praise God for his grace and mercy.

NOTES: DAY 54 - 1 PETER 4:15-19



NOTICE

There is a difference in the kind of suffering that Peter is explaining. What is the difference?

What should the church not be ashamed of?

Who will judgment begin with first?

Who should the church commit themselves to and do?

JOT

Why do you think Peter says it is hard for the righteous to be saved?

Do you think about the outcome of others who do not believe in the Gospel of Christ?

Spend some time thinking about and praying for family, friends, or people to come and know God.

NOTES: DAY 55 - 1 PETER 1-4



NOTICE

Now that you have read through 1 Peter chapters 1-4 twice, what is something new you have learned? How can you apply this to your life?

JOT

Now put it all together. Review what we have read the past four weeks. Try and write out a few sentences that sum up 1 Peter 1-4. With the spiritual knowledge you have gained, how will this help you with your holy habits of prayer, thanksgiving and worship? How does the passage in 1 Peter directly apply to your Holy Initiatives and Radical Shifts?

Spend time journaling and reflecting on what God has done in and through your obedience this week.

DAY 56: SABBATH REST

“Live according to
God in regard to
the Spirit.”

I PETER 4:6

TO HIM WHO IS ABLE

1 Peter: Empowered by God

WEEK 9: GOD CARES FOR YOU



DAY 57

Prayer & Thanksgiving
1 Peter 5:1-4
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 58

Prayer & Thanksgiving
1 Peter 5:5-7
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 59

Prayer & Thanksgiving
1 Peter 5:8-9
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 60

Prayer & Thanksgiving
1 Peter 5:10-11
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 61

Prayer & Thanksgiving
1 Peter 5:12-14
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 62

Prayer & Thanksgiving
Read 1 Peter 1-5
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 63

**SABBATH REST:
CAST YOUR ANXIETY ON
HIM BECAUSE HE CARES
FOR YOU.**

1 Peter 5:7

NOTES

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- _____
- _____
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NOTES: DAY 57 - I PETER 5:1-4



NOTICE

What does Peter expect from the leadership in the early church?

Specifically Peter calls out leadership to not be what? Who is the Chief Shepherd?

JOT

Paint a picture of what church leadership should look like and act like. Why is this important?

Think about the position of leadership you hold in your own circle of influence. How does this particular passage shape your intentions?

NOTES: DAY 58 - I PETER 5:5-7



NOTICE

What does Peter instruct for the young men in the early church?

Who is responsible to clothe themselves with humility?

Who does God oppose?

JOT

Verses 6 and 7 give us specific instructions and promises.

Who will lift you up?

Who cares for you?

Take some time today to write down anything that is worrying you. Spend time giving your anxieties to the Lord and humbling yourself in prayer.

NOTES: DAY 59 - I PETER 5:8-9



NOTICE

What characteristics should describe the people of God?
Who is on the prowl?
What does Satan want to do?
How does the church resist Satan?

JOT

Part of your own spiritual plan's purpose is to help you stand firm in your faith. This takes time and practice. How are your spiritual habits coming along? What fruit have you been able to experience thus far?

Are you becoming more self-controlled and alert? Spend some time reflecting on your progress.

NOTES: DAY 60 - 1 PETER 5:10-11



NOTICE

What is Peter promising to the early church?

Who has God called?

Whose power is at work here?

JOT

When we read through Colossians, we learned that it was IN Christ all things are fulfilled. Now, 1 Peter is giving us a picture of who it is that is working to empower us, making us strong and steadfast.

Think about the power of God today. In creation, in redemption, in the time and space of eternal ramifications. Be in awe at the power of God and rely on Him to give you what you need!

NOTES: DAY 61 - 1 PETER 5:12-14



NOTICE

Who helped Peter write this letter, and how does Peter describe him?

What two reasons does Peter give for writing?

What does Peter call "the true grace of God"?

What does Peter tell the church to do with it?

Who sends greetings? Who is Mark? (See Acts 12:12.)

How does Peter close his letter?

"She who is in Babylon" most likely refers to the church in Rome.

JOT

Peter ends his letter with three words: "Stand fast in it," meaning the true grace of God. After five weeks in 1 Peter, what does standing fast in grace look like in your life right now? Peter's letter is surrounded by people: Silas, Mark, and the church. Who are the faithful brothers and sisters standing with you? Reach out to one of them today with a word of encouragement and peace.

NOTES: DAY 62 - 1 PETER 1-5



NOTICE

Now that you have read through 1 Peter chapters 1-5 twice, what is something new you have learned? How can you apply this to your life?

JOT

Now put it all together. Review what we have read the past five weeks. Try and write out a few sentences that sum up 1 Peter 1-5. With the spiritual knowledge you have gained, how will this help you with your holy habits of prayer, thanksgiving and worship? How does 1 Peter directly apply to your Holy Initiatives and Radical Shifts?

Spend time journaling and reflecting on what God has done in and through your obedience this week.

DAY 63: SABBATH REST

“Cast your anxiety
on Him because
He cares for you.”

I PETER 5:7

2 PETER : Established for Glory

DAYS 64 - 84



The Apostle Peter's second letter to the early church was obvious and urgent: they faced imminent danger. In this particular letter, Peter indicates his own death was near (1:13-15) and soon the church would learn, he would later be crucified in Rome. Although the destination of this letter seems questionable, what is certain is Peter's concern for theological truth and Christian maturity.

Peter once again sets out to refresh the believers' reality of the promises available to them in Christ (1:3-4). Because of this, the church has a participatory beckoning to become mature believers ... able to discern against false teachers and the evil corruption of the world.

How do we know that we are Christians? Or at the very least, an effective follower of Jesus? Peter writes as a concerned pastor but also from the firsthand experience of someone who was side-by-side with Jesus. His letter is full of theological, eschatological, and practical truth for us today. Don't confuse Peter's passionate directness for harshness. Yes, he is stern, but Peter uses the term, "dear/beloved friends" four times throughout this short letter to ultimately encourage his readers to pay attention. This is serious. There is trouble ahead, but Christ will return. You, my friends, are established for glory.

"To Him be glory is Peter's praise and prayer. The glory of redemption, the glory of spiritual growth, the glory of manifesting the symphony of grace, the glory of escape from the false teachers, and the glory of His ultimate return — all glory belongs to Jesus."

John F. Walvoord & Roy B. Zuck

JESUS: Holiness Exemplified

"There will be signs in the sun, moon and stars. On the earth, nations will be in anguish and perplexity at the roaring and tossing of the sea. Men will faint from terror, apprehensive of what is coming on the world, for the heavenly bodies will be shaken. At that time, they will see the Son of Man coming in a cloud with power and great glory. When these things begin to take place, stand up and lift up your heads, because your redemption is drawing near."

Luke 21:25-28



TO HIM WHO IS ABLE

2 Peter: Established for Glory

WEEK 10: PARTICIPATORY FAITH



DAY 64

Prayer & Thanksgiving
2 Peter 1:1-4
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 65

Prayer & Thanksgiving
2 Peter 1:5-11
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 66

Prayer & Thanksgiving
2 Peter 1:12-15
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 67

Prayer & Thanksgiving
2 Peter 1:16-18
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 68

Prayer & Thanksgiving
2 Peter 1:19-21
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 69

Prayer & Thanksgiving
Read 2 Peter 1
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 70

**SABBATH REST:
HIS DIVINE POWER HAS GIVEN
US EVERYTHING WE NEED FOR
LIFE AND GODLINESS.**

2 Peter 1:3

NOTES

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- _____
- _____
- _____

NOTES: DAY 64 - 2 PETER 1:1-4



NOTICE

Who is 2 Peter written to?
When was the letter written?
Why was the letter written?
What is the purpose?

*What does Peter hope the early church has in abundance of?

Why does Peter long for the church to know about God's promises?

JOT

Do you trust that God has indeed given you everything you need for life and godliness?

How do we grow in these promises?

What does it look like for you to participate in the "divine nature" of God?

NOTES: DAY 65 - 2 PETER 1:5-11



NOTICE

What efforts does Peter beckon the church to do in faith?

What will the church be able to do if they are successful?

Why does Peter long for the church to ensure their calling and election is sure?

What can the early church expect to receive?

JOT

Peter writes a lengthy list for the people of God to continue to add to their faith. Take a good, honest look and compare this list to your own life. Journal and reflect on ways that you can work on goodness, knowledge, self-control, perseverance, godliness, kindness, and love.

Why is it so important to remember the work of God in our lives?

Are you eager to make your calling and faith in Christ secure? If so, what do you have to look forward to?

NOTES: DAY 66 - 2 PETER 1:12-15



NOTICE

What effort here is Peter trying to make for the early church? Why is this so important?

JOT

Have you ever had something so passionate about that you wanted to ensure your family and friends knew that absolute truth about God?

Peter is passionate about making sure the early church knows the truth about God, the Gospel, and how they know they can be confident in their salvation. Take some time to pray and ask God for His divine grace to grow in your own faith.

NOTES: DAY 67 - 2 PETER 1:16-18



NOTICE

What was Peter an eye-witness of? Why does this matter?

What did Jesus do according to Peter?

What was God's role?

What did Peter hear?

JOT

Peter explains how he was an eye-witness to the majesty of God. Can you imagine?

Why do you think this story in particular is the one Peter is stating to the church? Read Luke 9:28-36 for context. There were lots of "false teachers" that were spreading stories that the incarnation, resurrection, and the return of Christ was false. What is Peter trying to prove here?

Why should this matter to you personally?

NOTES: DAY 68 - 2 PETER 1:19-21



NOTICE

What does Peter tell the church to pay attention to?
Who is the Morning Star?

Who is responsible for Biblical prophecy? Who carried it along?

JOT

Review and think about all the Biblical prophecy that has come to fruition. Why is Peter including this in his argument to know truth?

Why is having actual knowledge and truth about the history of Jesus valid and important? What is Peter trying to keep the early church from avoiding?

NOTES: DAY 69 - 2 PETER 1



NOTICE

Now that you have read through 2 Peter chapters 1 twice, what is something new you have learned? How can you apply this to your life?

JOT

Now put it all together. Review what we have read this past week. Try and write out a few sentences that sum up 2 Peter 1.

With the spiritual knowledge you have gained, how will this help you with your holy habits of prayer, thanksgiving and worship? How does 2 Peter directly apply to your Holy Initiatives and Radical Shifts?

Spend time journaling and reflecting on what God has done in and through your obedience this week.

DAY 70: SABBATH REST

“His divine power
has given us
everything we need
for life and
godliness.”

2 PETER 1:3

TO HIM WHO IS ABLE

2 Peter: Established for Glory

W E E K 1 1 : B E W A R E !



D A Y 7 1

Prayer & Thanksgiving
2 Peter 2:1-3
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

D A Y 7 2

Prayer & Thanksgiving
2 Peter 2:4-9
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

D A Y 7 3

Prayer & Thanksgiving
2 Peter 2:10-16
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

D A Y 7 4

Prayer & Thanksgiving
2 Peter 2:17-19 & Romans 6
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

D A Y 7 5

Prayer & Thanksgiving
2 Peter 2:20-22
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

D A Y 7 6

Prayer & Thanksgiving
Read 2 Peter 1&2
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

D A Y 7 7

**SABBATH REST:
FOR A MAN IS A SLAVE TO
WHATEVER HAS MASTERED
HIM.**

2 Peter 2:19

N O T E S

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NOTES: DAY 71 - 2 PETER 2:1-3



NOTICE

Who does Peter say will be among the early church?
How will the false teachers introduce heresies?
What will these destructive teachings include?
What is motivating these false teachers?
What does Peter say will happen to them?

JOT

Peter reminds the church like the *past* there were false prophets, so in the *present* there will be false teachers. Have you personally experienced this reality? What happened? Why is this so devastating?

Satan has been doing the same thing from the beginning of time in the Garden of Eden with Eve ... manipulating God's truth ever so slightly to get us off track. What can you do to stand firm and guard against this? Why is knowing and understanding God's Word correctly a huge defense against Peter's warning?

Ultimately, the Holy Spirit will help guide and protect us in knowing the truth about God. Spend time asking for wisdom that only God can provide.

NOTES: DAY 72 - 2 PETER 2:4-9



NOTICE

Who is Peter's first example of judgment? What happens to them?

Who is Peter's second example of judgment? What story is he referencing?

What is Peter's third example of judgment? What is this an example of?

Who are the examples of who God rescues? Why does God rescue them?

Why are these examples that Peter provides an encouragement to the early church?

JOT

According to verse 9 what does the Lord know how to do? How does this bring comfort and hope to you? How do these set of verses convict you?

Have you ever personally thought about the Day of Judgment? Spend some time praying and thinking about the eternal ramifications of Christ returning. Let this be a sobering reality for you. Let it also be of great comfort and hope that Jesus will return, and we are in the hands of a good and righteous God.

NOTES: DAY 73 - 2 PETER 2:10-16



NOTICE

What characteristics does Peter describe as those who follow their own corrupt desires?

What are these people not afraid of?

What are these people like according to verse 12?

What will happen to them?

Who is Balaam son of Beor?

JOT

Peter describes these evil as "brute beasts", full of pride, ignorant, and operating purely from their sinful nature. Ultimately, their actions harm other people.

Whereas, Scripture calls God's people to be holy. Full of goodness, kindness, self-control ... patient and loving of one another. Think of the stark difference in the picture Peter paints? There should be a clear difference people see in the lives of those who belong to Jesus and those who belong only to please themselves.

NOTES: DAY 74 - 2 PETER 2:17-19



NOTICE

Ultimately, what does Peter say these evil teachers are?

What do these teachers appeal to?

What do they promise?

*Bonus Read: Romans 6

J O T

Verse 19 is one of the most sobering verses in this chapter. "...for a man is a slave to whatever has mastered him".

Take some time in reflection of our Scripture reading and Romans 6. Remember, that God knows how to rescue righteous people. Examine anything that might have a control or be an idol in your own life. Give it to God. Repent, ask for help. Allow God to cleanse and bring you freedom today.

Offer yourself to God as an instrument of righteousness.

NOTES: DAY 75 - 2 PETER 2:20-22



NOTICE

Who does Peter describe as being worse off at the end than in the beginning?

What is the sacred command?

What is the proverb Peter uses to supplement His point?

JOT

Have you yourself experienced turning back to a sin pattern you had left behind? How should this convict our own hearts and minds as we think about Peter's warning to the early church?

I know this chapter might seem a bit heavy my friends, but do not be discouraged ... good news is coming! But Peter's stark warning should bring us great pause and concern to guard our own hearts and pray for God's people against false teachers and the destruction it brings.

NOTES: DAY 76 - 2 PETER 1 & 2



NOTICE

Now that you have read through 2 Peter chapters 1 & 2 twice, what is something new you have learned? How can you apply this to your life?

JOT

Now put it all together. Review what we have read the past two weeks. Try and write out a few sentences that sum up 2 Peter 1-2. With the spiritual knowledge you have gained, how will this help you with your holy habits of prayer, thanksgiving and worship? How does 2 Peter directly apply to your Holy Initiatives and Radical Shifts?

Spend time journaling and reflecting on what God has done in and through your obedience this week.

DAY 77: SABBATH REST

“For a man is a
slave to whatever
has mastered him.”

2 PETER 2:19

TO HIM WHO IS ABLE

2 Peter: Established for Glory

WEEK 12: HOLY & GODLY LIVES



DAY 78

Prayer & Thanksgiving
2 Peter 3:1-2
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 79

Prayer & Thanksgiving
2 Peter 3:3-7
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 80

Prayer & Thanksgiving
2 Peter 3:8-11 & Luke 12:35-48
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 81

Prayer & Thanksgiving
2 Peter 3:12-16
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 82

Prayer & Thanksgiving
2 Peter 3:17-18
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 83

Prayer & Thanksgiving
Read 2 Peter 1-3
Review Put On/Take Off
Worship Song
Journal
Prayer & Thanksgiving

DAY 84

**SABBATH REST:
YOU OUGHT TO LIVE HOLY AND
GODLY LIVES AS YOU LOOK
FORWARD TO THE DAY OF GOD.**

2 Peter 3:11

NOTES

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NOTES: DAY 78 - 2 PETER 3:1-2



NOTICE

How does Peter address the early church?

What does Peter say his purpose has been in BOTH of his letters?

What does Peter want the church to recall?

JOT

*Spoiler Alert: Dear "friends" or better translated "beloved" will be repeated in verses 8, 14, & 17. You can see how much Peter cares for the people of the early church! He longs for his beloved friends to spend time in wholesome thinking.

What does this look like in your own life? How have your Spiritual Habits helped you accomplish this? When we engage in wholesome thinking what is the direct outcome in our lives ... what does it change?

NOTES: DAY 79 - 2 PETER 3:3-7



NOTICE

What is Peter's warning here for the early church regarding the last days?

What doubt is evoked?

But what did the people who fall prey to this doubt forget?

What is being kept for the day of judgment?

JOT

Why is the act of remembrance so important? Think about it, what happens when we don't spend time thinking about the act of God creating the world? Or our own stories of redemption? We doubt.

Spend some time in prayer and reflection over all the mighty works God has done since the beginning of time.

NOTES: DAY 80 - 2 PETER 3:8-11



NOTICE

What is the one thing Peter longs for the early church not to forget?

Why is this the ONE thing that's so important to remember in the context of Peter's warnings?

How will the day of the Lord come?

What kind of people should the church be in light of the coming of the Lord?

***Bonus Read: Luke 12:35-48**

J O T

Throughout Scripture we are told that Jesus' return will be sudden. While most people get caught up in when or how or what will happen when Jesus returns, how does Peter instruct us to live in light of the knowledge of Jesus' return?

With all that you have learned up to this point, what does it look like to live godly and holy lives?

NOTES: DAY 81 - 2 PETER 3:12-16



NOTICE

What does Peter say the church should look forward to?
What exactly is the church hopeful for?
Who will this be a home for?
What should the church make every effort in doing in light of this truth?

JOT

In verse 15 Peter reminds us that God's patience means salvation. Who does Peter also say wrote this?

Isn't it awesome to think about the Apostle Peter reading what the Apostle Paul wrote and perhaps vice versa? Both of them having served alongside each other, witnessing the early church's birth and growth, and witnessing the gospel's advancement ... its problems.

Both Paul and Peter long for the church to be found spotless, holy and blameless. Making every effort that we have to be in unity with Christ and at peace. Because why? There will be a new heaven and a new earth where we will finally be reunited with the Lord.

Meditate on the verse today and let this truth soak in beloved friends!

NOTES: DAY 82 - 2 PETER 3:17-18



NOTICE

What are Peter's final instructions for the early church?

What does Peter NOT want to see happen to the early church?

JOT

As we are coming to the end of our 84 days of your Spiritual Plan, the Scripture Reading Plan, and your own Holy Habits + Radical Shifts ... I hope you can look back and witness the grace and knowledge of God in your own life. It's up to us to surrender and try and learn. God takes it from there.

Spend some time in Thanksgiving for all that God has shown you these past 12 weeks.

NOTES: DAY 83 - 2 PETER 1-3



NOTICE

Now that you have read through 2 Peter chapters 1-3 twice, what is something new you have learned? How can you apply this to your life?

JOT

Now put it all together. Review what we have read the past three weeks. Try and write out a few sentences that sum up 2 Peter 1-3. With the spiritual knowledge you have gained, how will this help you with your holy habits of prayer, thanksgiving and worship? How does 2 Peter directly apply to your Holy Initiatives and Radical Shifts?

Spend time journaling and reflecting on what God has done in and through your obedience this week.

DAY 84: SABBATH REST

“You ought to live
holy and godly
lives as you look
forward to the
day of God”

2 PETER 3:11

